**Assignment 3: Working with skills cards: development areas**

This assignment will take ca. 30 minutes

**Start with individual reflection (20 minutes)**

* Look at the cards.
* Choose two skills that you would like to, or maby should, develop (further).
* Given where you want to go after the Post Doc. Or simply because you feel it’s worthwhile to become stronger in this area.
* For each development area, write down a story about how developing this area will benefit your growth and will help you to find and/or in your next step.
* For each development area, think of actions you can take to start developing the skill.
* Write down your 72 hours action(s).

When you are ready, or after 20 minutes, contact your buddy.

**Teamwork (10 minutes)**

* Exchange your stories.
* If needed, help your partner to find (a) relevant 72 hours step(s).

After 10 minutes, return to the Plenary session.

Please write down the questions you would like to discuss with me in your individual session later this afternoon.