**Assignment 4: Networking in the context of Career Orientation**

The first part of this assignment will take ca. 45 minutes.

At 12.30 we will take a lunch break until 13.30.

**Part 1**

**Take a moment to reflect on who is part of your network:**

Family members, friends, current collegues, former collegues, current supervisor, former supervisors, people from your sports activities, (other) hobbies, voluntary work, your neighbours, etc..

All these people have family members, friends, current collegues, former collegues, current supervisor, ………., etc..

**Looking at where you want to go after your Phd:**

* Which relationships would you like to strengthen?

How could you do this?

* With whom would you like to form a relationship, with which people in what kind of role and/or working environment?

How could you do this?

* With whom would you like to have an informational interview, with which person in what kind of role and/or working environment?
* How do you want to contact this person?
* How will you introduce yourself and the purpose of the informational interview?

Write down your introduction.

* What do you want to find out?

Make a short questionnaire.

* How will you follow up?

At 12.30 take a lunch break.

Enjoy and resume the course at 13.30!

**Part 2**

* At 13.30 contact your new buddy (see appendix) and exchange for ca. 20 minutes.
* As a buddy, probe and feed back anything you feel is useful for your buddy.

Please write down the questions you would like to discuss with me in your individual session later this afternoon.