

Tips for instruction

- First picture the end goal (provide a good example of something similar)
- Give an overview of all the required activities
- Check the frame of reference
- Explain in small steps
- Make the steps even smaller when necessary
- Be as exact as you can: also take into account size, date, order etcetera
- Check regularly whether the other person is still following your instructions
- Ask for feedback
- Ask the other person to summarise or rephrase